

A Positive Character Trait: Honesty

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"Honesty is the best policy" as the notorious saying goes. This is a phrase that is easier said than done. To be honest with both yourself and others can be a difficult proverb to live by. The truth can hurt, plain and simple. Whether it's a fact you need to face about yourself or the world and people around you, the truth can be hard to hear and sometimes hard to live by.

Nevertheless, honesty will always outweigh falsities because at the end of the day to be honest with yourself and others is to invite opportunities that promote change for the greater good.

Being in high school, this is probably one of the most difficult traits to master. Sometimes it's so easy to tell a little white lie to avoid getting in trouble or in fear of standing out too much. I have always appreciated honesty from myself and others as it has pushed me to be the best version of myself rather than hiding behind a perfect façade. It's called *constructive criticism* for a reason I would be the first to tell you that I am not always the most patient or agreeable person, but by facing the facts I am able to work towards becoming the person I want to see in the future.

(Each month, one of the five Chapin schools will select a student to provide the community with his or her interpretation of a selected positive character trait. This is being sponsored by the Chapin Woman's Club.)